



## Practical Applied Improvisation for Leaders of People:

For: ITA 2022 Fall Collaborative - Austin, TX

Workshop Date: Monday, December 5, 2022

Workshop Duration: 75-minutes (1:15-2:30pm)

ALL PLAY (15-MINS)			
	<b>INTRO &amp; PASS THE FOCUS:</b> <ul style="list-style-type: none"> <li>• Intros (addressing key focuses)</li> <li>• Improv Ground rules</li> <li>• Rule of I'm Sorry...</li> </ul> <p>All in a circle. Doug establishes eye contact with anyone in the circle and they clap once in unison. Then that person makes eye contact with another.. The idea is to establish a rhythm and always keep your focus broad so you are open and ready to establish eye contact and clap on rhythm.</p>		REFLECTION: Ice-Breaker & Orient to an External Focus.
<b>GROUP A</b> (Pamela) <u>TRUST</u>	<b>BREAKOUTS</b> (20-MINS X 2)		<b>GROUP B</b> (Julian) <u>COLLABORATION</u>
<b>YES, AND CORRIDOR:</b>  Team forms two rows. Each person has a counterpart in the other line. At the front of the lines, the two engage:  <b>2-line version:</b> One makes an offer, and the other makes a "Yes, And" response, and both go back to the end of the OTHER line."	REFLECTION: Agreement & Addition spawns positivity which spawns confidence which spawns creativity which spawns innovation.	REFLECTION: This game is 'Won' only when everybody recognizes that it only works when NOBODY is driving & everybody is listening.	<b>WORD-AT-A-TIME STORY:</b>  All in a circle. Story is told, one word at a time, round robin style, each player saying only one word. Focus should be <Beginning.. Expansion.. Conclusion>.
<b>THE WORST IMPROV SCENE EVER:</b>  The 'Stage' is 'set' with a few items that should serve as pieces of furniture and/or props. The full team forms two rows. Each person has a counterpart in the other line. At the front of the lines, the two players enter the stage and engage in THE WORST IMPROV SCENE EVER with each other. The moderator stops the scene after a few/several lines, and the players re-arrange furniture for the next couple.. etc..  <i>(Focus: Commit at the beginning. Jump in and remain present. Don't plan what you're gonna do.)</i>	REFLECTION: We're all in this together. Know that everybody has everybody's back.  It's time to Celebrate Failure!	REFLECTION: Actively supporting your teammate means putting yourself out there. As you're willing to risk to support others, they will do the same for you.	<b>SQUIRREL/NUT/TREE:</b>  The group stands in a circle. One person steps forward and assumes a physical position and states "I am a _____[object, person, etc...]" A second person from the circle immediately joins and supports the first person's choice by assuming and holding a physical position that is complementary, and names what they are. Finally, a third person from the circle joins the tableau, complementing both earlier choices and naming what they represent (Ex: being a <b>tree</b> to fill out the scene that already has a <b>squirrel</b> and a <b>nut</b> ). The first person in the circle decides which of the two other "objects" stays in the circle. That person/object becomes the first choice in a brand new tableau and is joined by a second and third person from the circle to complete a new scene and the cycle repeats itself.

